



RECOVERY AND OUTCOMES GROUP
NORTH WEST REGION
25th November 2014

Meeting Facilitator:

Ian Callaghan, National Service User Lead, My Shared Pathway ianmcallaghan@me.com

Regional Lead:

Colleen Fahy, Recovery First, Colleenfahy@priorygroup.com

Welcome and Introduction

Ian welcomed everyone and everyone introduced themselves.

Minutes from Last Meeting:

These were reviewed and there were no questions.

National Updates:

Feedback from the Steering Group

The Recovery and Outcomes Steering Group meets every quarter in Birmingham following the nine Recovery and Outcomes Groups around the country. The meeting is attended by all the Regional Leads together with some service users. The Regional Lead for North West is Colleen Fahy Colleenfahy@priorygroup.com

As well as reviewing the regional Groups and planning for future ones, there are several sub-groups.

Main Messages and DVD

The 'Main Messages' sub-group, led by Sally Gendle and supported by Cygnet Healthcare, has just produced a 'Main Messages about My Shared Pathway' document, which aims to introduce the principles of My Shared Pathway and how it might be incorporated into Care Planning and CPA processes. The document may be downloaded at:

<http://www.cygnethealth.co.uk/service-users/my-shared-pathway.html>

We have also produced a 'Key Messages about My Shared Pathway' leaflet and poster aimed more at service users.



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In addition, Cygnet have sponsored the production of a second My Shared Pathway DVD introducing the main elements of My Shared Pathway. It is 30 minutes long and can be viewed in the same place on the Cygnet website or viewed and downloaded at:

<http://vimeo.com/cygnethealthcare/mysharedpathway>

Please do feel free to download and copy both the Main Messages document and the DVD as many times as you would like.

Other sub-groups

Another sub-group called 'Looking After My Future', aims to bring together people interested in developing resources for service users moving out of hospital.

Action: If you are interested in joining the 'Looking After My Future' group, please let me know.

We are still hoping to explore doing an evaluation of My Shared Pathway but this is currently on hold.

The next meeting of the Steering Group is on Thursday 22nd January – please do let us know if you would like to add anything to the agenda.

Clinical Reference Groups and Commissioning

There are 3 Clinical Reference Groups (High/Medium Secure, Low Secure and the Forensic Pathway Group). These groups advise NHS England on what services to commission and consist of clinicians, commissioners and Patient and Public Engagement (PPE) representatives. Ian and two other service users from other regions are PPE reps on the High/Medium and Low Secure CRGs.

The Recovery and Outcomes Groups are always on the agenda for the High/Medium CRG and are a stakeholder, so our views are well represented.

The CRG listened to the feedback from the Recovery and Outcomes Groups about what service users would like to see as next years CQUINs (the Commissioning for Quality and Innovation quality improvement scheme) and two of our suggestions have been included. These are 'Collaborative Risk Assessment' and 'Supporting Carer Involvement'.

Some of the other CQUINs include improving Physical Healthcare, the Friends and Family Test, Quality Dashboard and Pre-admission formulation, i.e. improving communication with service users prior to admission.



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Action: Please let Ian know if there are any issues you would like raising at the CRG or with commissioners.

Ministry of Justice

We have recently had a very productive meeting with the Deputy Head of the Mental Health Casework Section about two areas of work:

- Correspondence with service users. Following a questionnaire survey 18 months ago, where around 60% of service users and 60% of RCs said they thought direct correspondence between the MoJ and service users was a good idea, it has been agreed to look at ways of taking this forward. It has been suggested that RCs are asked when corresponding with the MoJ whether a discussion has taken place with the clinical team and the service user, if appropriate, about whether sending letters directly to the service user is a good idea.
- Use of outcomes plans. Service users have said they would like to be able to contribute to the decision making processes of the MoJ and one way of doing this may be to forward to the MoJ the My Shared Pathway outcomes plan after every CPA that would include service user views. As this might require some changes to the way services and the MoJ work, it has been suggested that there might be a pilot scheme with volunteer services. Further discussions will take place about this.

Rethink Mental Illness

Rethink Mental Illness are now undertaking the secure care work of the Innovation Network, which include improving care planning and CPA, collaborative risk assessment and management, and peer support. These interventions will all be evaluated over the course of the next two years and there will be updates during that time.

Rethink Mental Illness are also planning a big piece of work in secure care that aims to give service users a better voice in improving services by collecting life stories from service users. The Head of Campaigns, Lara Carmona, recently sent this message to all the Recovery and Outcomes Groups:

“Rethink Mental Illness is preparing a massive piece of work to transform secure care. We know that not enough is being done to improve the voice of people using services in secure care settings. We want to change that.

We are very interested in your involvement in our project and we would like to know how we might best work with you.”



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We will be hearing more about this work at future meetings.

Action: Please let Ian know if you would like to be involved in the Rethink Mental Illness campaign.

Quality and Outcomes Group

There is a national group looking at more clearly defining outcomes and outcome measures and how they might be linked to care packages and their cost. This has links with My Shared Pathway and the electronic outcomes tool being developed by Partnerships in Care. The outputs from the afternoon interactive workshop at the National Recovery and Outcomes Conference will be fed directly into this work.

National Service User Awards 2015

The next National Service User Awards take place on Wednesday 11th March 2015 and the finalists will be announced in December.

All the details about the Awards can be found on the new Awards website at:

www.nsua.org

Presentations:

‘Update on the Secure Transitional Recovery and Pathway Development Group’

Gary Thorpe from Ashworth Hospital told everyone about the first meeting of The Secure Transitional Recovery and Pathway Development Group on the 15th October, which was a great success with over 80 attendees from over 20 organisations from all over the country. Gary’s presentation and the notes from the meeting are attached here, and the next meeting takes place on 23rd February at St Andrew’s Northampton. For further details, please do contact Gary at: gary.thorpe@merseycare.nhs.uk

Action: Ian to circulate the presentation and notes from the meeting with the minutes.

‘Physical Health at Guild Lodge’ – Physical Health Co-ordinator

A physical health co-ordinator gave a really informative presentation about all the physical health initiatives and how these are helping increase the fitness of patients at the hospital. He has kindly agreed to share his presentation and it is attached here.

Action: Ian to circulate the presentation with the minutes.



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‘Our Shared College’ – service users and staff

The Head of Occupational Therapy along with other members of staff and service users, gave a great presentation about their new Shared College. They also showed a video that they’d made for new service users as an introduction to the hospital. The Shared College opens on 28th November and we look forward to hearing how it goes.

Action: Ian to circulate the presentation with the minutes.

‘Soapy Suds – our social enterprise’ – presentation by service user

A service user gave a really inspiring presentation about ‘Soapy Suds’ the new social enterprise. With plenty of humorous stories about setting it up, he described the development and running of the initiative and plans for the future.

Action: Ian to circulate the presentation with the minutes.

Date of Next Meetings:

New date – Wednesday 25th February 2015

Tuesday 2nd June 2015

Thank You:

We would like to thank our host for organising the meeting and for a superb lunch!

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