



Recovery and outcomes evaluation

MICK MCKEOWN, FIONA JONES AND COLLEAGUES

UNIVERSITY OF CENTRAL LANCASHIRE

What are we going to do

- ▶ Diverse research team, including ex-staff and service users
- ▶ Routine outcomes information, regional comparisons
- ▶ Documents, minutes, timelines
- ▶ Selected regional networks
- ▶ Interviews and focus groups with service users, staff, commissioners
- ▶ Ongoing communication with the network

Group work: Everyone

- ▶ As a table on flip chart paper think of your unit as a big circle in the middle. On the inside of the circle think of all the ways you are involved in your unit
- ▶ On the outside of the circle think of the ways you are involved with things/groups/forums going on outside of your unit

In your Zone

- ▶ **Blue** - What gets discussed in the recovery meetings/groups you attend and what methods are used to support everyone having a say
- ▶ **Pink** - What do you contribute to the meetings?
- ▶ **Green** - What do you get out of it being involved in the meetings?
- ▶ **Yellow** - Impact – what happens as a result of what gets discussed?



My personal recovery Journey

Fiona Jones tells her story of recovery and how she got involved in research

Thoughts from our previous research

- ▶ The value of different types of communication
- ▶ The importance of different settings and places
- ▶ The importance of relationships
- ▶ Real impact and appreciation for the process
- ▶ Co-operation and resistance
- ▶ Safety, security and responsibility
- ▶ Alternatives & democracy