



Collaborative Risk Training

My perspective
Being at Garrow House



Shared learning

- What does risk mean to you?
 - ❖ something that has the potential to harm self or others.
 - ❖ Eating the last oreo when someone else wants it.
- Do you think the general public think people with mental health problems are more risky?
 - ❖ Stigma.
 - ❖ Lack of understanding/ awareness of higher risk.

My views

- When people in secure services think of risk they sometimes forget that there is positive risk, just as much as negative. Personally I feel there should be a balance.
- The best thing about collaborative risk process is about you as a service user are being listened to and having your point put across.

Training plan

1. Understanding risk.
2. Understanding best practice principles.
3. Developing a shared approach.
4. Emphasis on protective factors